



We Serve

MD 24 Lions of Virginia: 2026
Regional Lions Leadership Institute
“Lead to Serve and Serve to Lead”



DIABETES



**Childhood
Cancer**



ENVIRONMENT



HUNGER



VISION



**Disaster
Assistance**



**Humanitarian
Causes**



Youth



**Mental Health &
Well Being**



2026 MD 24 Regional Lions Leadership Institute
Holiday Inn – Monticello
Charlottesville, VA
March 6, 2026 – March 8, 2026.

<u>Date and Time</u>	<u>Schedule Event</u>
<u>Friday March 6, 2026</u>	
1:00 p.m. - 2:00 p.m.	Registration and Seating Assignments
2:00 p.m. - 2:30 p.m.	Welcome and Opening Remarks
	Goals, objectives and overview
	PCC Marty Alford Institute Coordinator
2:30 p.m. - 3:30 p.m.	Opening Session: Public Speaking (Elective 1)
	PDG Lion Helen Person
3:30 p.m. – 3:40 p.m.	Break
3:40 p.m. – 5:00 p.m.	Fast and Effective Teams (Core 1)
	PID James C. “Jay” Moughon
5:05 p.m. – 6:30 p.m.	Keeping Members Engaged (Core 2)
	PCC Marty Alford
6:30 p.m. - 7:30 p.m.	Dinner
7:45 p.m. - 8:45 p.m.	Local Issues and Opportunities
	PID Richard Chaffin
8:45 p.m. to 9:00 p.m.	Daily Closing / Evaluations

Saturday, March 7, 2026

06:45 a.m. to 08:00 a.m.	Breakfast Served
08:00 a.m. – 09:00 a.m.	Meeting in a Fast-Paced World PDG Helen Person
09:05 a.m. - 10:15 a.m.	International Priorities PID Jay Moughon
10:15 a.m. – 10:30 a.m.	Break
10:30 a.m. – 12:00 p.m.	Goal Setting PCC Marty Alford
12:00 p.m. - 1:15 p.m.	Lunch
1:15 p.m. – 2:15 p.m.	Overcoming Resistance PID Jay Moughon
2:15 p.m. – 2:30 p.m.	Break
2:15 p.m. – 3:30 p.m.	Time Management PDG Helen Person
3:35 p.m. -5:00 p.m.	Lions Fundamentals PID Richard Chaffin
5:05 p.m. – 6:15 p.m.	Diversity PID Jay Moughon
6:15 p.m. - 6:30 p.m.	Daily Closing / Evaluations
6:30 p.m. to 7:45 p.m.	RLLI Banquet
7:45 p.m. – 9:30 p.m.	Individual Group Work Sessions

Sunday, March 8, 2028

06:45 a.m. to 08:00 a.m.	Breakfast Served
8:10 a.m. – 10:30 a.m.	Public Speaking: Group Presentations Evaluators PIDs Richard Chaffin and Jay Moughon, PCC Lion Marty Alford, and PDG Helen Person
10:30 a.m.- 10:45 a.m.	Break / Hotel Checkout
10:45 a.m - 11:45 a.m..	Public Speaking Group Presentations Evaluators PIDs Richard Chaffin and Jay Moughon, PCC Lion Marty Alford, and PDG Helen Person
11:45 a.m. to 12:15 p.m.	Graduation Presentation of Certificates / Final Closing / Evaluations
12:15 p.m. - 1:30 p.m.	Lunch and Departure (Please Travel Safely)



March 6, 2026 -March 8, 2026

Curriculum Overview

Opening Session

This session contains a variety of group activities and icebreakers designed to assist the instructor in developing rapport and creating a positive adult learning

Public Speaking (Elective #1)

This session will give the Lions leader a framework for preparing speeches and some guidelines for effective delivery.

Fast and Effective Teams (New Core Class)

Discover how to quickly build effective teams and what makes them perform at their best.

Keeping Members Engaged (New Core Class)

Increase member engagement and retention by discussing various strategies to ensure that club members, especially new members, feel they are an important part of the club.

International Priorities (New Core Class)

Learn about and actively support our organization's international priorities.

Overcoming Resistance (New Core Class)

Recognize how to get to the root cause of resistance and how to communicate an empathetic solution.

Lions Fundamentals (Elective #2)

This session provides participants with a complete understanding of the association's history, principles, and structure, while also exploring the benefits of membership.

Local Issues and Opportunities (Elective #3)

This session provides the opportunity for a formal training session or a topic-specific discussion based on the needs and/or interests of the participants.

Meeting in a Fast-paced World (Elective #4)

Understand the benefits and best practices of virtual meetings.

Setting and Reaching Club Goals (Elective #5)

This session emphasizes the value of establishing goals to guide actions, and provides a system for planning the achievement of established goals.

Time Management (Elective #6)

This session reviews the importance of time management, discusses some of the obstacles that can make time management difficult, and identifies strategies that will help participants overcome those obstacles

Diversity (Elective #7)

This session will explore the many facets of diversity and how they impact groups/clubs and promote healthier club environments.



Lions Clubs International Purpose

- **To Organize**, charter and supervise service clubs to be known as Lions clubs.
- **To Coordinate** the activities and standardize the administration of Lions clubs.
- **To Create** and foster a spirit of understanding among the peoples of the world.
- **To Promote** the principles of good government and good citizenship.
- **To Take** an active interest in the civic, cultural, social and moral welfare of the community.
- **To Unite** the clubs in the bonds of friendship, good fellowship and mutual understanding.
- **To Provide** a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- **To Encourage** service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.



Lions Clubs Code of Ethics

- **To Show** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.
- **To Seek** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.
- **To Remember** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.
- **Whenever** a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.
- **To Hold** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.
- **Always** to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.
- **To Aid** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.
- **To Be Careful** with my criticism and liberal with my praise; to build up and not destroy.

Our 107th International President



A. P. Singh

INTERNATIONAL PRESIDENT

A.P. Singh, of Kolkata, India, was elected to serve as international president of Lions Clubs International at the association's 107th international convention, held in Orlando, Florida from July 13 through July 17, 2025. International President Singh is a practicing chartered accountant and has family business interests in automobile dealerships.

A Lion since 1984 and a member of the Calcutta Vikas Lions Club, International President Singh has held many positions within the association, including district governor and council chairperson. He has served as GMT international coordinator for four years and as a member on a number of ad hoc board committees. He was chairperson for the 2017 DGE seminar in Chicago, USA, and has served as faculty at more than 50 ALLIs/RLLIs, RLLIs, FDIIs and LCIP certification programs. He has also served as multi-national coordinator for Campaign SightFirst II, CA leader for Campaign 100, member of the LCIF Steering Committee and as chairperson of the National SightFirst Committee of India. International President Singh has participated in and presented seminars at area forums in all constitutional areas. He was the co-chairperson of the Organizing Committee for the ISAAME Forum in Kolkata, India.

In recognition of his service to the association, International President Singh has received numerous awards, including multiple International President's Awards, as well as the Ambassador of Good Will Award, the highest honor the association grants its members. He is a major gift donor for Campaign Sight First II and Campaign 100, and a progressive Melvin Jones Fellow. In addition to his Lion activities, International President Singh is accredited with the initiation of various service programs in collaboration with other trusts, foundations and corporate houses. He has worked on establishing a web-based Lion leadership development platform, a micro-finance program, and has organized multiple large-scale online events to keep Lions engaged.

International President Singh has three children.