

## **2<sup>nd</sup> Quarterly Cabinet Report**

### **Zone F**

#### **MEMORANDUM:**

**Date: October 29<sup>th</sup>, 2025**

**To: District Governor Dan Visone**

**From : Lion Joe Miller Zone Chair Zone F**

**Re: Cabinet Report for part of 2nd Quarter**

**Report period: August 21<sup>st</sup>, 2025 thru October 29<sup>th</sup>, 2025**

- **Date and Place of Zone Meeting: it was held on 29 October at Six Bears & a Goat in Fredericksburg VA**
  - **Guest Speakers:** Sally Cooney Anderson, Communication/Public Relations Chair. Sally talked about our District Website, submitting events, and public relation activities. Excellent presentation with a lot of interaction and questions from the clubs. The presentation was well received, and she finished to a standing applause.
  - Clubs in Attendance – (all 6 Zone F) Aquia Evening, AHHLC, Fredericksburg Host, Greater Falls Run, Stafford & Westmoreland
  - **Number of Members from each club in Attendance**
    - Aquia Evening – 3
    - AHHLC – 3
    - Fredericksburg Host – 1
    - Greater Falls Run – 9
    - Stafford – 1
    - Westmoreland – 1
- **ZC Joe Miller, AHHLC**
  - Discussed the new service requirements for Club Excellence – Mental Health and wellbeing October 4-12; Hunger January 3-11, 2026; and Environment April 18-26, 2026
  - Discussed the importance of reporting service activities and membership monthly
  - Requested that all clubs Include LCIF in their annual budget
  - Report new members to Cabinet Secretary, Vicki Davies & the importance of growth to 1.5
  - Handed out a flyer and discussed in detail, District Governor's Award; the new awards developed through the GAT: Leadership, Service, Two Membership recognitions, and two levels of Visitation.
  - **Next Zone Meeting January 21<sup>st</sup> at Six Bears & a Goat in Fredericksburg VA**
  - **All 6 clubs reported service hours 4,087.25, 5 clubs reported people serviced 17,501**
- **Reports from Clubs in Zone**
  - **Westmoreland - Kathy Gould, President**
    - +4 Members
    - Total People Served 472, Total Volunteers 35, total Volunteer Hours 113
    - Activities completed
      - Hearing and Eye screening at 2 head start programs
      - Montross Fall Festival exhibited with Westmoreland Ministries Coalition
      - Worked Boys and Girls Club Oyster Roast
      - Made hearts for Suicide prevention help line
      - A recycling of aluminum cans program began at Glebe Harbor Cabin Point neighborhood.
    - Activities in future:
      - Vision and hearing screening Northern Neck Christian School
      - Hearing tests at Westmoreland Schools.

- **Stafford – Mark Larsen, President**
  - 0 Members but Bring One Visitor – 4 ea. and are expected to join in November
  - Service hours 273 1590 people served
  - Lions’ Global week of Service – Mental Health 10/4/25, Hunger & Vision Scheduled
  - List of activities attached at the end of this report
- **Greater Falls Run – Steven Levinson, President**
  - +1 Member
  - Service hours 1,010
  - Mental Health & Well-Being service week
  - List of activities attached at the end of this report
- **Aquia Harbour Host – Ron Rempert, President**
  - -1 Member
  - Service Hours 1,016
  - Activities
    - 10/2 Mental Health Awareness Service Activity - Kristy Harvey from NAMI discussed the importance of having support when a family member is having a mental health crisis
    - 10/4 Octoberfest at Lions Park
    - 10/18 Rappahannock River Clean Up
    - Several Mondays – Aquia Harbour Food Pantry
    - 10/26 Aquia Harbour Trunk or Treat – Gave away hot dogs, snacks and candy at Lion Park
    - Visitation Kick-off
    - Co-host planning for Fall Conference
- **Aquia Evening Lions – Rose Burrus, President**
  - -7 Members
  - Service Hours 816 members served 10,102
  - Activities
    - Mobile Food Pantry, Food Pantry in Fredericksburg
    - SERVE
    - Eyeglass collection in Stafford, Eyeglass Recycling Center,
    - Head Start food donations,
    - Knots and loops various projects. knitting group donated scarves and hats,
    - working vision and hearing screenings.
- **Fredericksburg Host – Debra Fults, President**
  - +2 Members
  - Service Hours 935.25
  - List of activities attached at the end of this report

- **Additional Comments**

- Socktober numbers will be provided in January’s Zone Meeting.



Stafford Zone  
Meeting October 29



GFR Zone Meeting  
Quarter 2 2025-2026



FHLC Service Report  
Sept 2025.pdf