

Diabetes Awareness

Are you interested in a service project for diabetes? Would you be interested in having a speaker on diabetes. November is Diabetes Month. As the Diabetes Awareness Chair, I would be happy to share my knowledge of diabetes. Consider when doing food drives that you encourage healthy food donations - that can prevent diabetes. Sharing healthy recipes which can be obtained from the NIH website on diabetes. I would be happy to discuss opportunities that your club may do.

Feel free to contact me by email - kathy@kathygoldcde.org or by phone 703-282-4078.

Kathy Gold

RN, Diabetes Educator